Can You Use a Boost of Positive Energy?

GET TRANSFORMING POWER in a CREATIVE CONFLICT RESOLUTION WORKSHOP

2 Parts: Saturday, August 2 & Saturday, August 16, 2014 registration/snacks at 8:30, program at 9

In Berkeley Friends Church, 1600 Sacramento Street, Berkeley CA 94702 On the corner of Cedar and Sacramento in Berkeley One block from the North Berkeley BART station

The workshop is facilitated by the Alternatives to Violence Project (AVP), <u>www.AVPCalifornia.org</u>. AVP gives you tools to be a more powerful peacemaker and to build community. Our workshops use the shared experiences of participants, interactive exercises, games and role-plays to see beyond differences, to explore common ground and discover the power within ourselves to transform our lives and our community. AVP is a 35-year-old international non-profit that is working in communities, hundreds of US prisons and in many challenging parts of the world. Facilitation & training opportunities exist in community and prisons.

Join us in creating a more peaceful place to live!

\$35 - 125 donation requested; \$10 to people with very low incomes.

To register for the workshop contact us at: AVP/Bay Bridge Council, P.O. Box 20252, Oakland, CA 94610 E-Mail: avpbaybridge@gmail.com, Phone: 510-394-2622

Check out "When You Hear the Word Violence" video @ http://vimeo.com/37108812. This video focuses on the experience of an AVP workshop behind bars and those whose lives have been transformed by AVP.