

Introductory Course

Join us in creating a more peaceful place to live!

Alternatives to Violence Project

Concerned about conflict in the community, city, and nation?

Wonder how to respond in non-violent ways?

Conflict is a normal part of life, and can be used as a tool for change and transformation. Our workshops use the shared experiences of participants, interactive exercises, games and role-plays to see beyond differences, to explore common ground and discover the power within ourselves to transform our lives. Alternatives to Violence project (AVP) is a 40-year-old non-profit working in communities and prisons in the USA and over 50 countries.

2 Saturdays, November 5 and 12, 2016

8:30AM-6:00PM (total 18 hours)

12 to 18 Participants

Snacks and lunch provided

Berkeley Friends Church

1600 Sacramento Street, Berkeley, CA 94702

(Corner of Cedar and Sacramento)

2 blocks north of North Berkeley BART

\$35 - \$100 donation requested. No one turned away for lack of funds

To register for the workshop contact us at:

AVP/Bay Bridge Council,

P.O. Box 20252, Oakland, CA 94610

E-Mail: avpbaybridge@gmail.com Phone: 510-394-2622

Check out “When You Hear the Word Violence” video @ <http://vimeo.com/37108812>. This video shows an AVP prison workshop and those whose lives have been transformed by AVP.

